

14 Pieterse Street, Southcrest Alberton Cell: 082 664 0149



STUDENT & PARENT HANDBOOK

WELCOME TO OUR DANCE FAMILY

Welcome Message

Welcome Message, Including Mission and Vision.

Teacher Rae *Owner and Pricipal*

Raclene Jansen Van Rensburg is the owner and principal teacher at JVR Dance Academy. Her great love for ballet began as a young girl in the small town of Secunda. There she studied under Nicolette Brooks until she matriculated. In 2017, Teacher Rae opened her own studio's doors to the public after a five-year training under Adriana Pino. Teacher Rae firmly believes that everyone deserves the opportunity to dance and has purposed to give such to whomever seeks it.



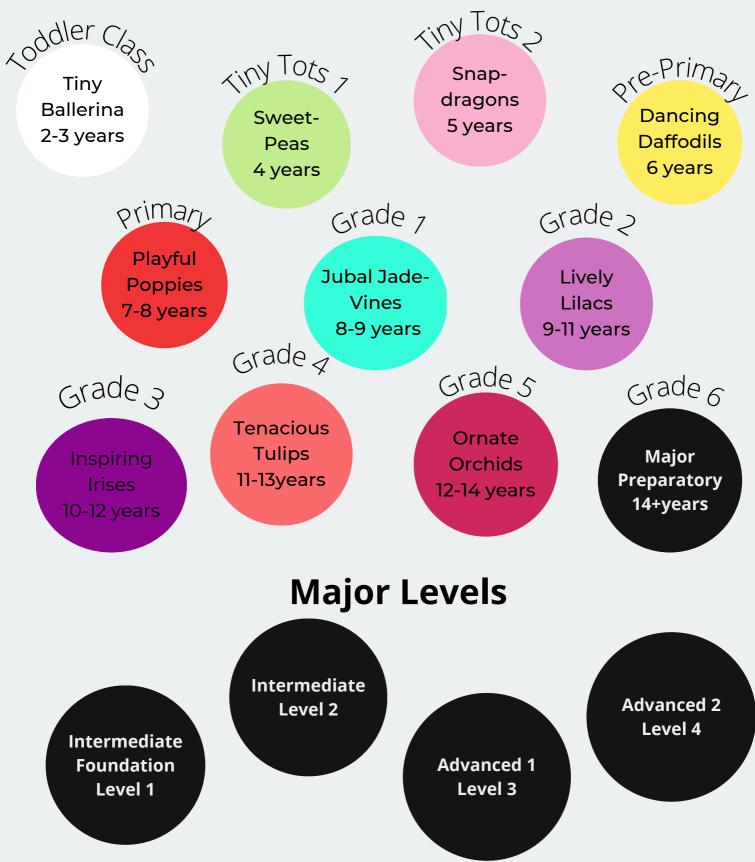
Teacher Yvonne Assistant Teacher

Yvonne Setowski began ballet at age sixteen. She later pursued her DASA teachers certificate but fell ill before she was able to complete it and took a ten-year break. In 2020, she was invited by Teacher Rae to join her team as she continued her studies. She believes that dance is not only a beautiful way of expression but that it is deeply therapeutic and would one day like to offer it as a way to help in-danger youth or people who need help healing from trauma.

BALLET CLASSES

Introducing our new class names and uniform colours

Pre-Grade and Grade Levels



Uniforms Policy

B<u>allet Uniform Policy</u>

- Split Sole Canvas Shoes NO MR PRICE SHOES!!!
- Pink Ballet Stockings or Ankle Socks for summer.
- In winter a Spencer may be worn under leotard
- Leotard (refer to Page before for corresponding colour)



- New Students: R4
- Returning Students:

R400 R100

Fees

Ballet Classes

Tiny Ballerina & Tiny Tots : R370pm
 Grades Pre-Primary - Grade 5: R420pm
 Majors: R500pm

Fees are payable on an upfront basis. Payment must be received before the 2nd of the month.

CONTEMPORARY CLASSES

Introducing our new class names and uniform colours



C<u>ontemporary Uniform Classes</u>

- Bare Feet or Foot Undies
- Footless Flesh Tights
- In winter a Spencer may be worn under leotard
- Leotard (refer to above for corresponding colour)

Fees

Membership Fee

- New Students:
- Returning Students:

R400 R100

C<u>ontemporary</u> Class Fees

• All Levels:

R400pm

Fees are payable on an upfront basis. Payment must be received before the 2nd of the month.

HY&N CLASSES Special Extension Classes for Body Conditioning

Heal Yourself and Move

Introducing *HEAL YOURSELF AND MOVE, a new conditioning class that* allows you to unlock your body's potential and apply it effortlessly to your practice. Experience rapid transformations in flexibility, strength and injury rehabilitation as well as improvement in your dance technique. Offered to ages 10 and up.

HY&M Uniform Policy

- Comfortable tight-fitting leggings and top
- Socks or Bare feet

Fees



• HY&M extension classes.

R300pm

ZUMBA CLASSES A fun and energetic way to exercise together

Z UMBA

Introducing ZUMBA fitness classes. Join in the fun and change the way you do fitness. ZUMBA is a combination of aerobic/dance fusion that incorporate Latin and International dance music and styles. It is an interval routine that is sure to get your heart pumping and your bodies in shape.

Z UMBA Uniform Policy

- Comfortable tight-fitting leggings and top
- Comfortable Trainers

Fees



• Weekly Zumba classes.

R300pm

IMPORTANT FEE NOTICE

D iscounts

- 12 Month Upfront Payment:
- 6 Month Upfront Payment:
- 3 Month Upfront Payment:
- 2nd Dance Genre:

- 10% discount
- 7% discount
- : 5% discount
 - 10% discount
- Family discount: 10% discount for 2nd and 3rd child's 1st genre tuition

L ate Payments

If payment is not received by the 2nd of that month a Late Penalty Fee of 20% will be added to the account. The student will also not be allowed to participate in class.

P ayment Details

We accept the following methods of payment

- Cash Clearly Marked in an envelope
- Card Payments
- EFT (Preferred Method) Ref: Students name

Banking Details Standard Bank Joy via Rhythm 061683027 051001



1 Month's written notice must be given in case of cancellation - No refunds.

COMPETATIVE TEAMS

Introducing JVR Competition Teams

C<u>ompetative Teams</u>

This is a superb opportunity for dancers who have designs on growing in the dance world outside of just the studio. Competitive Solo and Team members will be selected on the following basis:

- Previous year's Exam results
- Attendance
- Willingness of parent
- All members must be enrolled in normal weekly ballet or contemporary classes

Fees

C<u>OMPETATIVE CLASS</u>

 Solo (1 Dancer) 	5 x 30 min	R 1000	
 Duet (2 Dancers) 	5 x 30 min	R 1500	
 Trio (3 Dancers) 	5 x 30 min	R 1800	
 Quartets (4 Dancers) 	5 x 30 min	R 2000	
 Troops (5+ Dancers) 	5 x 30 min	R 2500	
(Duet, Trio & Quartet fees are shared between the dancers)			

These classes will be invoiced separately and will be held on Fridays or Saturdays.

Time Table Weekday

	Monday	Tuesday	Wednesday	Thursday	Friday
15h00-15h45	Playful Poppies (Primary)	Adult Ballet	Playful Poppies (Primary)		HY&M
15h45-16h30	Contemporary Sapphire	Lively Lilacs (Grade 2)	Dancing Daffodils (Pre-Primary)	Lively Lilacs (Grade 2)	Adult Ballet
16h30-17h15	Jubal Jade-Vines (Grade 1)	Inspiring Irises (Grade 3)	Jubal Jade-Vines (Grade 1)	Inspiring Irises (Grade 3)	Intermediate Foundation
17h15-18h00	Ornate Orchids (Grade 5)	Intermediate	Ornate Orchids (Grade 5)	Intermediate	Intermediate Foundation
18h00-19h00	Avanced 1	Aiki-Jitsu	Avanced 1	Aiki-Jitsu	Zumba

Saturday

Time	Class		
8:00-9:00	Ballet Senior Class		
9:00-9:30	Tiny Ballerina		
9:30-10:00	Sweet Peas (Tiny Tots 1)		
10:00-10:30	Snapdragons (Tiny Tots 2)		

COMPETATIVE TEAMS

I mportant Notes

- Competitive dances will be entered for all competitions.
- Solos will also be entered as an 'Open Medal' in our exam.
- Costumes, entry fees, make-up and transport to competitions and shows are the parent's responsibility.
- A reminder again, all students competing in these
 competitions are our studio ambassadors and therefore
 are required to behave and conduct themselves by our
 studio core values

EISTEDDFOD

I mportant Notes

All JVR dancers will be entered for Eisteddfods

• Costumes, entry fees, make-up and transport to competitions and shows are the parents responsibility.

A reminder again, all students competing in these competitions are our studio ambassadors and therefore are required to behave and conduct themselves with our studio core values.

Eisteddfod dates and costs: TBA

EXAMINATIONS

E<u>xaminations</u> for DASA

The DASA Grading Examinations are a crucial part of your dancer's training. It provides a nationally recognized standard that is important for future dance studies. In these examinations, your dancer will be expected to dance their grade work and medal dances for an accredited DASA Examiner and thus receive a grading mark. If successful, they will receive a Grade Completion Certificate, a report, as well as a medal for completing that examination. They can then begin their next Grade level.

Students must fulfil the following requirements to be entered for the exam:

- 90% Attendance
- The teacher must feel that they are ready to take part in the exams
- All class fees must be paid up to date
- $\circ~$ Exam fees are to be paid 8 weeks before the exam date.

(Exam fees will be invoiced separately 2 months before the due date.)

EXAMINATION CONTINUED

E xam Conduct

On the exam day, the dancer must arrive 1 hour before their scheduled exam time at the venue. Their hair should already be done as per the requirements.

Unfortunately, no parent is allowed in the exam room. We will have a presentation the following week where the dancer will perform all their work and their exam results will be presented to them.

E <u>xam Uniform Requirements</u>

- Pink Canvas Split-Sole Ballet Shoes (Clean)
- Pink Ballet Tights x 2
- Class Colour Leotard (RAD Regulation)
- No Make-Up or jewellery and watches. NO EARRINGS
- Hair:
- Tiny Tots 1 & 2 & Pre-Primary 2 Ballet Buns on the sides of the head.
- Primary, Grade 1 & 4 2 French Plats on the sides of the head tucked in the nape of the neck.
- Hair box -Including extra Bobby Pins, Elastics, Comb, Hairspray and Hair gel.
- Warm Night Gown, Onesie or Studio Hoody to wear over leotard.
- Slippers or shoe covers to wear over ballet shoes.

WHAT TO EXPECT

What You can Expect From Us

JVR Dance will ensure each student gets the best experience in class. Providing a solid trusted dance syllabus from a reputable association. A caring, inclusive and disciplined environment.

What We Expect From You

We expect each student and parent to trust us as teachers when we make decisions regarding the student as an individual and or as group. We will always have the best interest of our students as top priority.

Students and parents must please respect each other and treat one another with the same courtesy they would like to be treated with. Any form of bullying will not be tolerated.

If a parent needs to speak with the teacher, please phone in the mornings between 10h00 and 13h00 to discuss any concern or to make an appointment. Please do not interrupt the teacher while teaching, as it steals from the students limited learning time.

IN STUDIO RULES

01 Show up for class on time

If students are late for class, they are to enter quietly, warm up and join the class without disrupting the teacher and fellow students

No Food & Drink is allowed in the studio, only a bottle of water

03 No Chewing Gum No Cell Phones 04

No loose Jewelry including watches are allowed

No horseplay

No running around, screaming throwing objects, talking out of turn, etc.

STUDIO POLICIES

JvR strives to make each student and parent feel welcome and respected. Students and parents must please respect each other and treat one another with the same courtesy they would like to be treated with. Any form of bullying will not be tolerated.



Indemnity

JvR Dance Studio will not be liable for any injury during class or outside the studio premises. JvR will not be held liable for any damaged, lost or stolen property/goods.



Communication

Communication will be in the following format:

• Letters; E-mail; WhatsApp Groups

If a parent needs to speak with the teacher, please phone in the mornings between 10h00 and 13h00 to discuss any concern or to make an appointment. Do not interrupt the teacher while teaching.



Watch Week

Every 3rd week of a new Term is Watch week. Reminders will be sent on the WhatsApp Group.



Additional fees

Exam Fees, Costume hire or purchase, and Competition Entry Fees are all invoiced separately and must be paid as per the date of invoice. No late payment will be accepted and your child will not be entered. Not refundable.

STUDIO POLICIES Continued



Intellectual Property

Any choreography learned by a student is the sole property of the Studio and may not be copied or used for any activity outside of the Studio's scope. Permission must be granted by the Studio for any student to use Studio choreography at any venue where the member is not with the Studio or acting on behalf of the Studio.



Photography

All imagery, including but not limited to, photographs and video recordings of a student is the sole property of the Studio and may be used at the discretion of the Studio for advertising and promotional purposes.



POPI

JvR Dance Studio ensures that all private and financial information of the client will not be shared to any third party.

ACCESS CONTROL

Kids Group

- Only the main reception of Kids Group is to be used to access premises at all times
- Right of admission is reserved
- No parent is allowed inside the Kids Group area.
 Please drop your child off at the reception and a JvR teacher will meet them there to accompany them to the dance studio. If you need to speak personally with Teacher Rae, please make arrangements by telephone or via whatsapp message to do so.
- No JVR client, parent or student, is permitted on or in the Kids Group area, this includes kids' bathrooms, play area, classrooms, etc.
- Please park in the parking area on the far left side of the premises. This parking is designated for JVR clients who are waiting during class times. Do not park in front of Kids Group premises. Drop off and quick pick-up is allowed in front of the reception area.